

JANUARY

[illegible]

FEBRUARY



							SUN	MON	TUE	WED	THU	FRI	SAT

MARCH



							SUN	MON	TUE	WED	THU	FRI	SAT

APRIL



SUN	MON	TUE	WED	THU	FRI	SAT

MAY



SUN	MON	TUE	WED	THU	FRI	SAT

JUNE



							SUN	MON	TUE	WED	THU	FRI	SAT

JULY



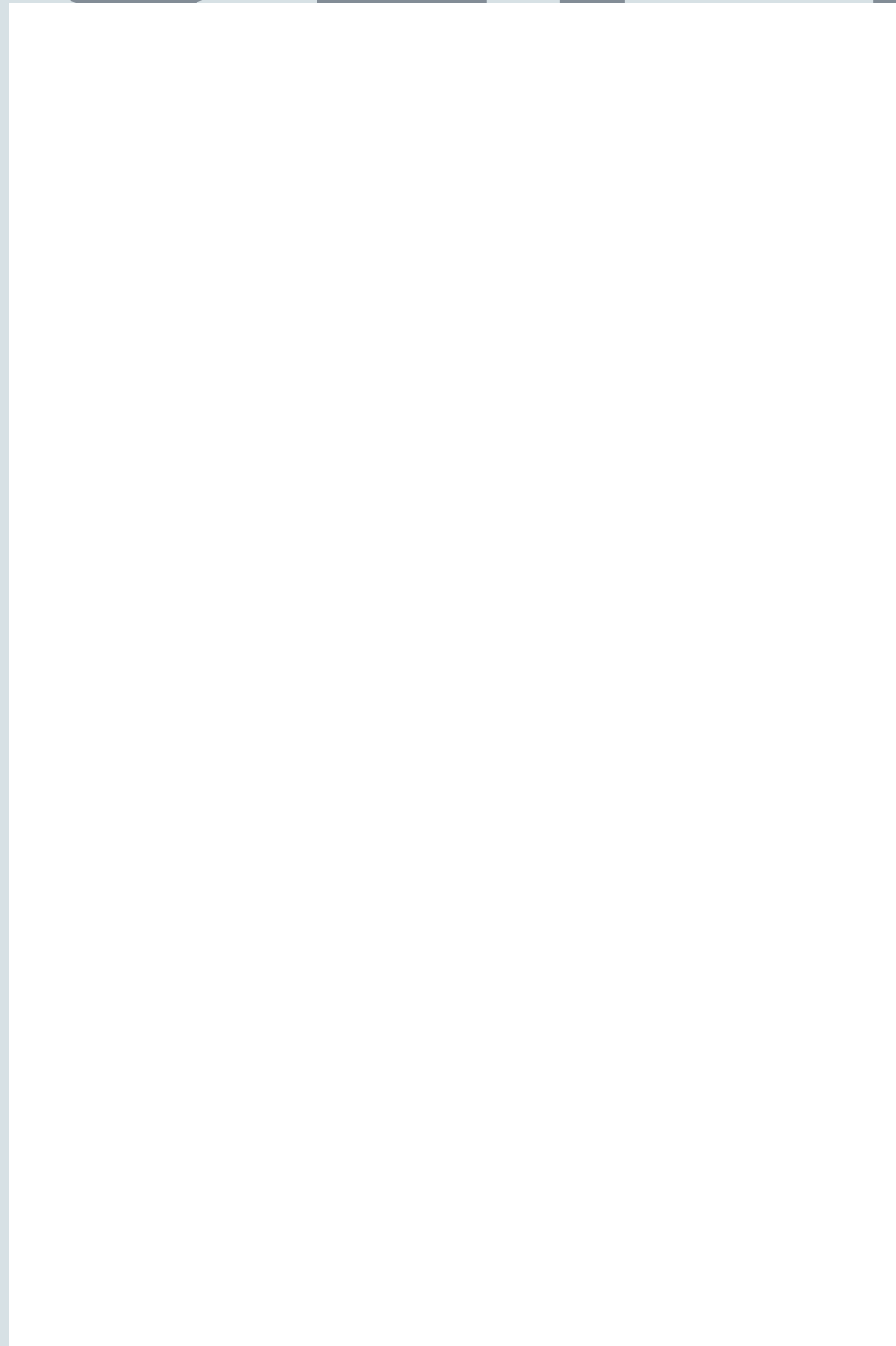
SUN	MON	TUE	WED	THU	FRI	SAT

AUGUST



SUN	MON	TUE	WED	THU	FRI	SAT

SEPTEMBER



SUN	MON	TUE	WED	THU	FRI	SAT

OCTOBER



SUN	MON	TUE	WED	THU	FRI	SAT

NOVEMBER



SUN	MON	TUE	WED	THU	FRI	SAT

DECEMBER



							SUN	MON	TUE	WED	THU	FRI	SAT

30 DAYS



A large, empty white rectangular box, likely intended for a user to write a goal or a note related to the 30-day challenge.

SUN	MON	TUE	WED	THU	FRI	SAT